

**Tama/Toledo Healthy Hometown Steering Committee Agenda**  
**Thursday, October 5, 2022**  
**Tama City Hall**  
**5-6 p.m.**

Present: Marilyn Rippy, Shelly Riley, Warren Riley, Denise Fletcher, Karen Mixdorf, Dot Zmolek, Jon Werger, Amy Doyle, Larry Thomas, Marty Hardon, Trudy Koch, Lori Baier, Jeff Shaw,

**Update on Business 30/Broadway and Broadway/2nd St Crosswalks**

Not going to happen this fall - 3 major projects taking up the majority of the city's time.

This means that we had to notify the grant people and hopefully we can get an extension for the work.

**Tama Walking Audit Review - add context and deepen understanding**

- Recommendations - Sidewalk maintenance and infill
- Safe crossings—identify key locations (schools, downtown, retail) and paint continental style crosswalks or Rapid rectangular Flashing Beacons
- South Tama Rec Trail (establish trail head, clear signage and connectivity to key community destinations)
- Implement Highway 63 Road Diet - both city councils have approved - Sept 2024
- Cherry Lake – promote awareness and recreational use of trail and lake
- Create four way stops at downtown Tama intersections (McClellan & W3rd and W4th St)
- Bike racks
- City ordinance adherence

**Tama Trail Golf Ride**

Around 40 and it was a dusty day

Kiwanis members were excited and said they would volunteer to do the ride again

Sunnyhill did a superb job - the residents & staff really enjoyed it

13 carts used Amy suggests we would do 15 carts

**Discussion**

**Any other ideas for activities**

Tama County Public health and Iowa Extension had the Tama County Walk - we should make sure to support other groups

**5-2-1-0 Partnership to collaborate on future projects**

Made up of a variety of partners

They received a grant - 3 year project 1st year up to 30k - they got a \$28k grant

Healthy

5 - helpings

2 hrs of screen time

1 hr of physical activity

0 screen time

Looking for projects to fund the \$28k

Applications due in December 2022 for initiative money. Application needs to specify costs for specific items and events. Brainstormed a few ideas; fitness trail signage, bike repair for donated bikes, bike rack, activity at Tama Park, event at fitness trail.

### **City Discussion**

- Larry mentioned that the city of Tama is working on plans to put sidewalks by the pool and connect with Toledo's sidewalk.
- A need for more garbage cans downtown Tama, Cherry Lake and on the fitness trail was mentioned.
- Election day- good opportunity to display Tama/Toledo Visioning Team boards on tables for the community to see

### **Actions**

Shelly will check with STC High School teacher about the possibility of making signs and bike racks for the community.

### **Next Meeting**

November 3, 2022-Tama City Hall at 5:00