

Tama/Toledo Healthy Hometown Steering Committee Agenda
Thursday, January 5th, 2023
Wieting
5-6 p.m.

Present: Larry Thomas, Dot Zmolek, Denise Fletcher, Marilyn Rippy, Shelly Riley, Karen Mixdorf, Kendal Jordan, Trudy Koch, Warren Riley, Jon Werger, Lori Baier, Mark McFate, Jeff Shaw

Community Updates since December meeting

- 5-2-1-0-
 - Signs got a 4.2 rating! Total cost - around \$2500
 - We are now supposed to order

- Trail signs - The rating sounds promising
- Crosswalks - Business 30 and Broadway: Lights have been ordered, signs have been ordered, cement work will be outsourced.
- Tama/Toledo are sending in a joint project to the Mansfield foundation - Jill is submitting 2 projects
 - A trail along the west side of Oak Park (Tama Park by pool) all the way and handicapped parking.
 - Pool - Looking at putting in a pergola to provide shade
- Jill talked to the city engineer - they have completed the Teep study to do the crosswalk by the HS - so we can apply for money from the DOT for the flashing beacon. He's going to provide options.

Detail next steps for trail activation

- Iowa's Twin Cities History Tour - Mark will set up a Geocaching event for RAGBRAI
- Monthly calendar of activities
 - Golf cart ride - partner with Kiwanis (Sept 20 with Rain date Sept 27)
 - Focus group - walking challenged
 - Scavenger hunt on the trail - Nature things - Shayla Thomas perhaps later in the fall?
 - History tour
 - Community Beautification - thin perennials - coordinate sharing (Check with FFA)
 - RAGBRAI? -
 - Fishing derby at Cherry Lake (Larry will contact Cruikshanks, Jeff will contact Julie Chyma)
 - Easter trail?
 - Bike to work day? - Kids to school too
 - Yoga in the park - Zumba, Yoga, Pilates, CPR
 - Frisbee golf tournament
 - Turkey Trot - Flex Fitness 5K maybe - chamber event -
 - Tech Tutorial - socialization
 - Ask 4-H groups/ Iowa State Extension
 - Bike night - People come from Bike stores - and do some bike tune ups - Grinnell - Marshalltown

Establish next meeting

Feb 2nd

Questions