

Tama/Toledo Healthy Hometown Steering Committee Agenda
Thursday, July 7, 2022
Tama Civic Center
5-6 p.m.

Present: Denise Fletcher, Karen Mixdorf, Dot Zmolek, Warren Riley, Shelly Riley, Marilyn Rippy, Mark McFate, Lori Baier, Jeff Shaw, Stuart Eisentrager, Shayla Thomas, Larry Thomas, Jon Werger, Amy Doyle, Travis Mullen

Community Updates since May meeting

- Tama has met twice with city council and Jill (City Clerk) & Stuart, Jill & Tama Mayor - July 28th
 - Focus - Education, Events, improving infrastructure
 - 2 goals - Safe crossing for 63 by schools & a complete trail - civic center, business district, aquatic center and oak park. 500k grant available through the DOT. You need to have an engineering study. Iowa traffic engineering assistance program if you do not have a city engineer on budget will help provide work. City council approved and will send in the application.
 - The report that comes from that we will be able to include in our application to the DOT for the grant.
- The city of Tama is favorable to put a sidewalk on the westside of Oak Park.
- Toledo - Received AARP healthy hometown grant - City of Toledo signed a contract with Snyder and Associates. They will do a study - traffic count to determine what signage needs to be in place. Business 30 is a city street.
- ITC and Iowa rural development council - We applied for their \$5k grant.
- Iowa Rural Health Association- Community Health Improvement Application - We can get up to \$15k to help improve the long-term health of the community. Jon W made the suggestion to apply for the grant. Denise had reached out to Tama County Public Health. Iowa State Extension might be helpful.

June Walkability Workshop recommendations

- Bike Safety - Rippy - Contacted MS principals to see about 6th graders (Missed 3rd grade experience due to covid)
- Signage - Amy Doyle, Warren Riley, & Mark McFate
- Need policy to repaint high visibility crosswalks.
- Establish and enforce the annual sidewalk inspection and repair program.
- Organize groups to increase physical activity among adults and increase use of the South Tama rec trail (Buddy system, walking groups, family bike rides)
- Add bicycle parking in several locations throughout the community
- Construct a parklet in downtown Toledo
- Work with IA Dept of Transportation to implement hwy 63 road diet through both Toledo and Tama
- Create a plan to enhance Oak Hill Park into a destination for families to be active, residents to socialize and recreate
- Implement traffic calming measures that slow down traffic to create a safer environment and improve walkability (Bumpouts, road diets, reduced speed limits, roundabouts or traffic circles, upgrade or add high-visibility crosswalks)
- Create pocket park in downtown Toledo

Tama Walkability Workshop

September 15th - Business leaders, city workers, downtown committee to participate in the walk. Back to the civic center by 7pm. Celebrate some of the things that are already going on in the community.

Opportunities to be more visible in the community

July 23rd Golf Cart Parade - Crazy days

August - Game night at the pocket park in Tama

Establish next meeting

Aug 4th - Plan Sept Walkability Workshop - Next steps for master plan

Golf Cart tour plan

Questions